

Men's Sexual Mastery

Brotherhood Code

The Core Agreements

Brother, welcome to the circle. We are glad you are here.

You are entering a sacred container of men committed to growth, mastery, and embodiment of who we truly are.

This is not casual work. This is an initiation, a return to power, integrity, and presence.

What happens here transforms lives.

Our agreements are not rules for control. They are commitments that build trust, sharpen integrity, and protect the sanctity of the container.

When we each hold these agreements, the collective field becomes powerful, safe, and unshakable.

Confidentiality – The Sacred Seal

What is shared here, stays here.

The vulnerability, emotion, and truth that arise in this container are sacred offerings of trust.

They are not to be repeated, retold, or shared outside this circle.

This applies to group calls, group WhatsApp chats, and the accountability containers.

Explicit permission must be received before sharing another man's story or experience.

Honoring this confidentiality builds the safety required for transformation.

Commitments:

- I hold every brother's share in complete confidence.
- I do not repeat, record, or reveal another man's story.
- I speak only from my own experience, not from another's.
 - I respect this container as sacred ground for truth.
- Ben and Hawks may share with each other relevant details about men in the program for the purpose of supporting those individuals and the container at large.
 - I ask for explicit permission from a brother before sharing his story or experience.

Ownership - Radical Responsibility

I am the creator of my reality.

I take full responsibility for my emotions, energy, choices, and results.

There is no blame, no justification, no victimhood. Only radical responsibility and commitment to growth.

Commitments:

- I own my projections, triggers, and leaks as teachers.
- I clean up my messes with integrity when I fall out of alignment.
- I use "I" language: speaking from my own experience, not assumptions about others.
 - I honor my word and communicate clearly if I cannot follow through.
- I practice semen intention and energetic containment as acts of ownership over my life force, and self-mastery through discipline and devotion to my higher self.

Punctuality – Respect the Container

Our time is precious.

When we honor time, we honor each other and the container that holds our growth.

Punctuality reflects respect, discipline, and readiness to serve.

Commitments:

- I arrive early. I arrive grounded, present, and ready.
 - I honor start times, deadlines, and commitments.
- I provide notice to the group if I will be arriving late or leaving early for a call.
 - I provide 24 hrs notice to the group if I am going to miss an upcoming call.
- I understand that repeated lateness or absence affects the entire field and will be addressed.
 - I share concisely and with potency.

Presence – Sharpening Consciousness

Our attention and energy are sacred.

Presence is the essence of masculine mastery.

It is the ability to be fully here. Embodied, aware, and attuned. With an open heart and a clear mind.

Presence is how we lead ourselves, our partners, and our purpose.

Commitments:

- I give my full attention during calls and practices.
- My phone is off or in airplane mode. I am free of unnecessary distractions.
 - I breathe, regulate, and speak from my center.
 - I listen with empathy and non-judgment.
- I honor this container as sacred ceremony. I show up as if it matters, because it does.